



# FINDING BREAST CANCER EARLY CAN HELP SAVE YOUR LIFE.

## Here's What You Can Do

Know how your breasts normally look and feel, and report any changes to a health care provider right away.

### Get regular mammograms.

Mammograms (x-rays of the breasts) are the best screening tool we have at this time.

**Women ages 40 to 44** should have the choice to start annual breast cancer screening with mammograms if they wish to do so.

**Women ages 45 to 54** should get mammograms every year.

**Women 55 and older** can switch to mammograms every 2 years, or they can choose to continue yearly screening. Screening should continue as long as a woman is in good health and is expected to live 10 more years or longer.

**All women** should understand what to expect when getting a mammogram for breast cancer screening – what the test can and cannot do.

**Some women at high risk for breast cancer** – because of their family history, a genetic tendency, or certain other factors – should be screened with MRIs along with mammograms every year. Talk with a health care provider about your risk for breast cancer and the best screening plan for you.

For answers to your questions about breast cancer, visit [www.cancer.org](http://www.cancer.org) or call the American Cancer Society at **1-800-227-2345**.





# FINDING BREAST CANCER EARLY CAN HELP SAVE YOUR LIFE.

## Here's What You Can Do

Know how your breasts normally look and feel, and report any changes to a health care provider right away.

### Get regular mammograms.

Mammograms (x-rays of the breasts) are the best screening tool we have at this time.

**Women ages 40 to 44** should have the choice to start annual breast cancer screening with mammograms if they wish to do so.

**Women ages 45 to 54** should get mammograms every year.

**Women 55 and older** can switch to mammograms every 2 years, or they can choose to continue yearly screening. Screening should continue as long as a woman is in good health and is expected to live 10 more years or longer.

**All women** should understand what to expect when getting a mammogram for breast cancer screening – what the test can and cannot do.

**Some women at high risk for breast cancer** – because of their family history, a genetic tendency, or certain other factors – should be screened with MRIs along with mammograms every year. Talk with a health care provider about your risk for breast cancer and the best screening plan for you.

For answers to your questions about breast cancer, visit [www.cancer.org](http://www.cancer.org) or call the American Cancer Society at **1-800-227-2345**.





## Here's What You Can Do

Know how your breasts normally look and feel, and report any changes to a health care provider right away.

### Get regular mammograms.

Mammograms (x-rays of the breasts) are the best screening tool we have at this time.

**Women ages 40 to 44** should have the choice to start annual breast cancer screening with mammograms if they wish to do so.

**Women ages 45 to 54** should get mammograms every year.

**Women 55 and older** can switch to mammograms every 2 years, or they can choose to continue yearly screening. Screening should continue as long as a woman is in good health and is expected to live 10 more years or longer.

**All women** should understand what to expect when getting a mammogram for breast cancer screening – what the test can and cannot do.

**Some women at high risk for breast cancer** – because of their family history, a genetic tendency, or certain other factors – should be screened with MRIs along with mammograms every year. Talk with a health care provider about your risk for breast cancer and the best screening plan for you.

For answers to your questions about breast cancer, visit [www.cancer.org](http://www.cancer.org) or call the American Cancer Society at **1-800-227-2345**.





# FINDING BREAST CANCER EARLY CAN HELP SAVE YOUR LIFE.

## Here's What You Can Do

Know how your breasts normally look and feel, and report any changes to a health care provider right away.

### Get regular mammograms.

Mammograms (x-rays of the breasts) are the best screening tool we have at this time.

**Women ages 40 to 44** should have the choice to start annual breast cancer screening with mammograms if they wish to do so.

**Women ages 45 to 54** should get mammograms every year.

**Women 55 and older** can switch to mammograms every 2 years, or they can choose to continue yearly screening. Screening should continue as long as a woman is in good health and is expected to live 10 more years or longer.

**All women** should understand what to expect when getting a mammogram for breast cancer screening – what the test can and cannot do.

**Some women at high risk for breast cancer** – because of their family history, a genetic tendency, or certain other factors – should be screened with MRIs along with mammograms every year. Talk with a health care provider about your risk for breast cancer and the best screening plan for you.

For answers to your questions about breast cancer, visit [www.cancer.org](http://www.cancer.org) or call the American Cancer Society at **1-800-227-2345**.





# FINDING BREAST CANCER EARLY CAN HELP SAVE YOUR LIFE.

## Here's What You Can Do

Know how your breasts normally look and feel, and report any changes to a health care provider right away.

### Get regular mammograms.

Mammograms (x-rays of the breasts) are the best screening tool we have at this time.

**Women ages 40 to 44** should have the choice to start annual breast cancer screening with mammograms if they wish to do so.

**Women ages 45 to 54** should get mammograms every year.

**Women 55 and older** can switch to mammograms every 2 years, or they can choose to continue yearly screening. Screening should continue as long as a woman is in good health and is expected to live 10 more years or longer.

**All women** should understand what to expect when getting a mammogram for breast cancer screening – what the test can and cannot do.

**Some women at high risk for breast cancer** – because of their family history, a genetic tendency, or certain other factors – should be screened with MRIs along with mammograms every year. Talk with a health care provider about your risk for breast cancer and the best screening plan for you.

For answers to your questions about breast cancer, visit [www.cancer.org](http://www.cancer.org) or call the American Cancer Society at **1-800-227-2345**.





# FINDING BREAST CANCER EARLY CAN HELP SAVE YOUR LIFE.

## Here's What You Can Do

Know how your breasts normally look and feel, and report any changes to a health care provider right away.

### Get regular mammograms.

Mammograms (x-rays of the breasts) are the best screening tool we have at this time.

**Women ages 40 to 44** should have the choice to start annual breast cancer screening with mammograms if they wish to do so.

**Women ages 45 to 54** should get mammograms every year.

**Women 55 and older** can switch to mammograms every 2 years, or they can choose to continue yearly screening. Screening should continue as long as a woman is in good health and is expected to live 10 more years or longer.

**All women** should understand what to expect when getting a mammogram for breast cancer screening – what the test can and cannot do.

**Some women at high risk for breast cancer** – because of their family history, a genetic tendency, or certain other factors – should be screened with MRIs along with mammograms every year. Talk with a health care provider about your risk for breast cancer and the best screening plan for you.

For answers to your questions about breast cancer, visit [www.cancer.org](http://www.cancer.org) or call the American Cancer Society at **1-800-227-2345**.