

The title "BLINDSPOTS" is rendered in a large, bold, black, distressed font. The letters are set against a background of white, wispy smoke or steam that billows across the center of the frame. Above the smoke, a portion of a rainbow flag is visible, with the red, orange, and yellow stripes on the left and the green and blue stripes on the right. The overall background is black.

BLINDSPOTS

**A PROGRAM DESIGNED FOR PARENTS, GUARDIANS,
AND OTHER ADULTS**

OUR TEEN BEDROOM

How many items would you be able to recognize as an indication that your teen might be using one or more of a controlled substance?

Would you recognize the references to a "drug culture"?

Start to list what you see....



THE BED.....



ON
IT...



A CLOSER LOOK...



In zippered compartments



Under pillow cases



A seamlessly innocent stuffed teddy bear

But uh-oh! By simply opening a few threads at the seam, a perfect hiding spot!



THE CLOTHING



Advertisements for beer and other alcoholic beverages

The colors of the Ethiopian Flag, or the Rastafarian Culture, often associated with Bob Marley, a known supporter of the Rastafarian "Religion".

Red: Blood of the martyrs
Green: Beauty, fertility and the green vegetation
Gold: The wealth of Africa



Just a baseball cap??

Or is it???

This is a self-made hiding spot right in the lip of the cap, but we will see that there are companies out there making clothing and other items with "stash" compartments, easily attainable on the internet



THE BED... UNDER IT...

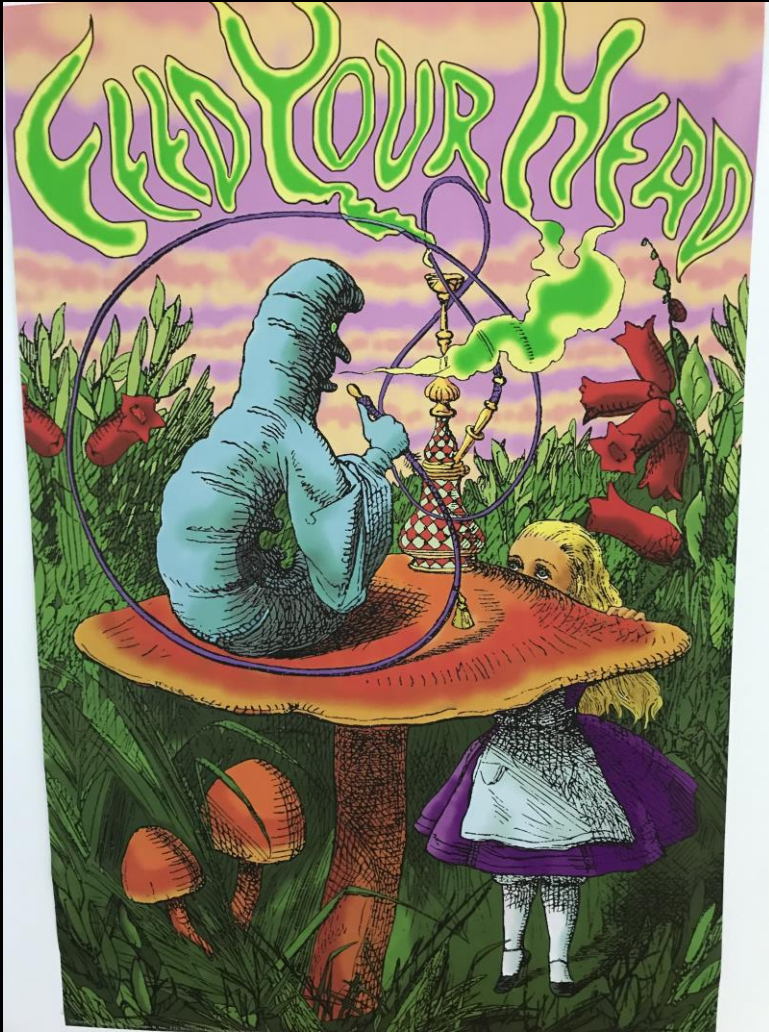


Shoeboxes come in all shapes and sizes, and can, unfortunately, make great hiding spaces, especially for larger items, such as liquor bottles and water pipes



THE WALLS...

Posters, wall art, signs, area rugs, tapestries, stickers and decals, may all have some references-some may be obvious, and some may not be so obvious



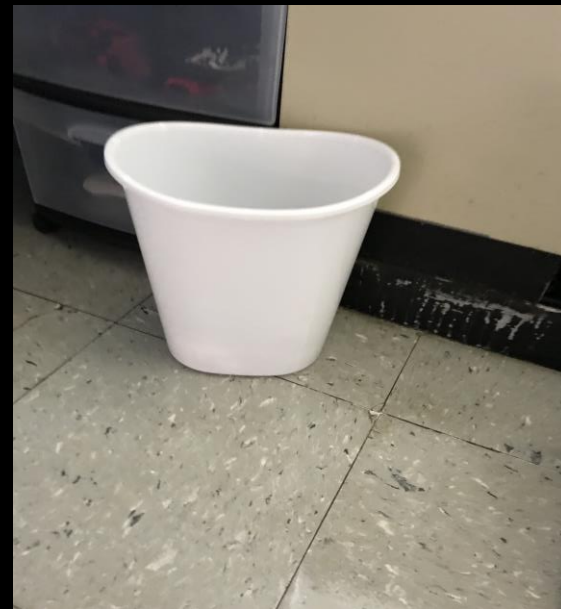
AND THE FLOORS...



In addition, it might be a good idea to check under area rugs and behind posters and wall art



Check garbage cans for foil, pen caps, syringes and/or caps, folded up paper with white powdery residue, baggies with vegetative residue, hollowed out Bic pens, cut up straws, cigar wrappers and the insides of cigars (blunts)



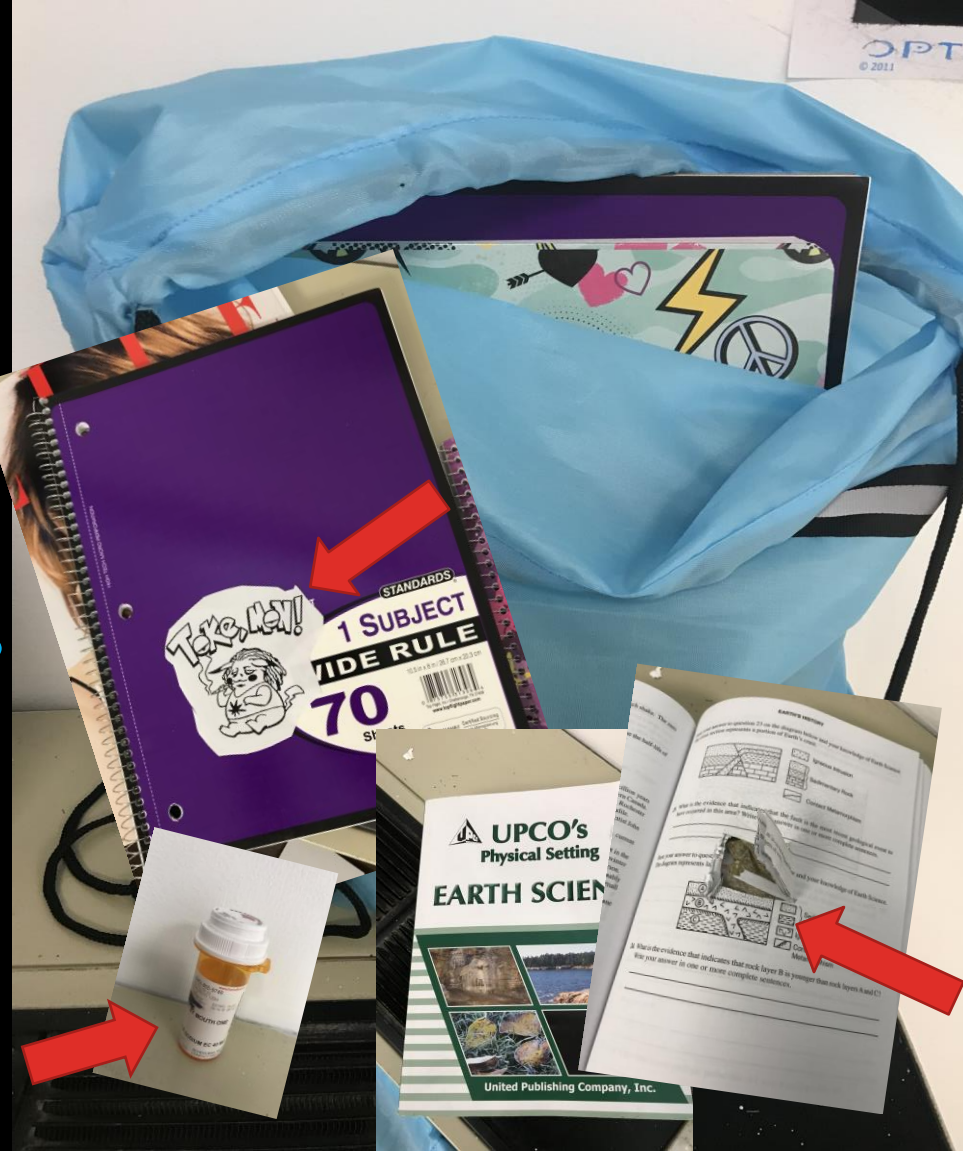
THE BACKPACK AND THE GYM BAG



What can you spot?

What would you overlook?

Why are some of these items suspicious?

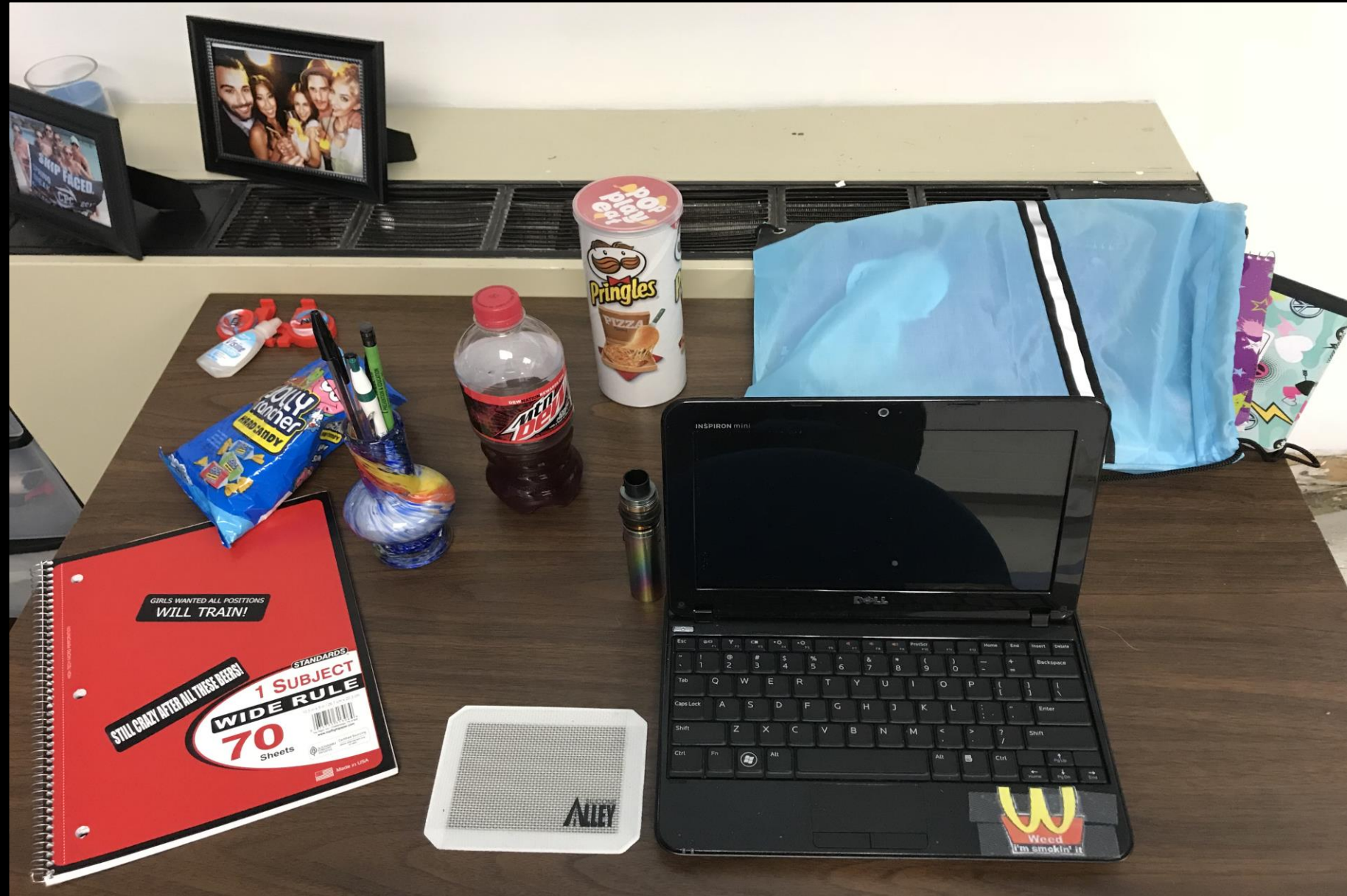


THE DESK TOP...

There is an expression many of us have heard of...

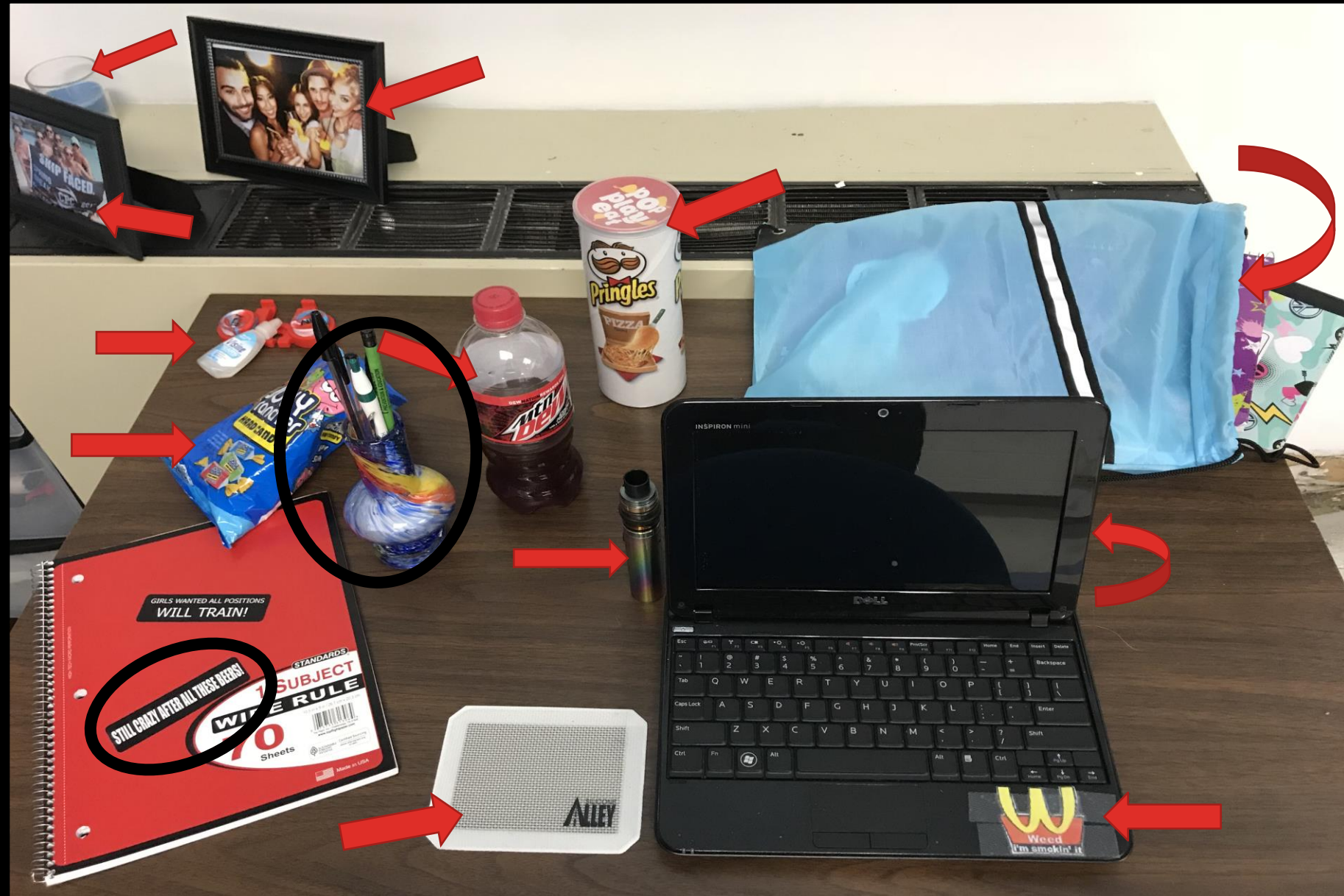
“HIDDEN IN PLAIN SIGHT”

Think about this as you explore the desk top...



THE DESK TOP: UNCOVERING OUR BLINDSPOTS

So let's zoom in for a closer look....



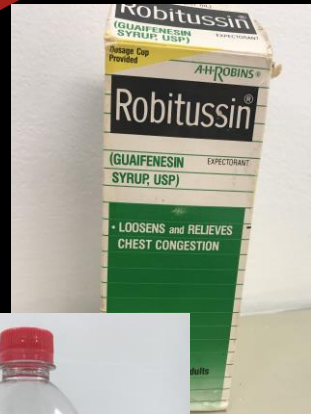
ZOOMING IN FOR A CLOSER LOOK



SO
MANY
REFERENCES!

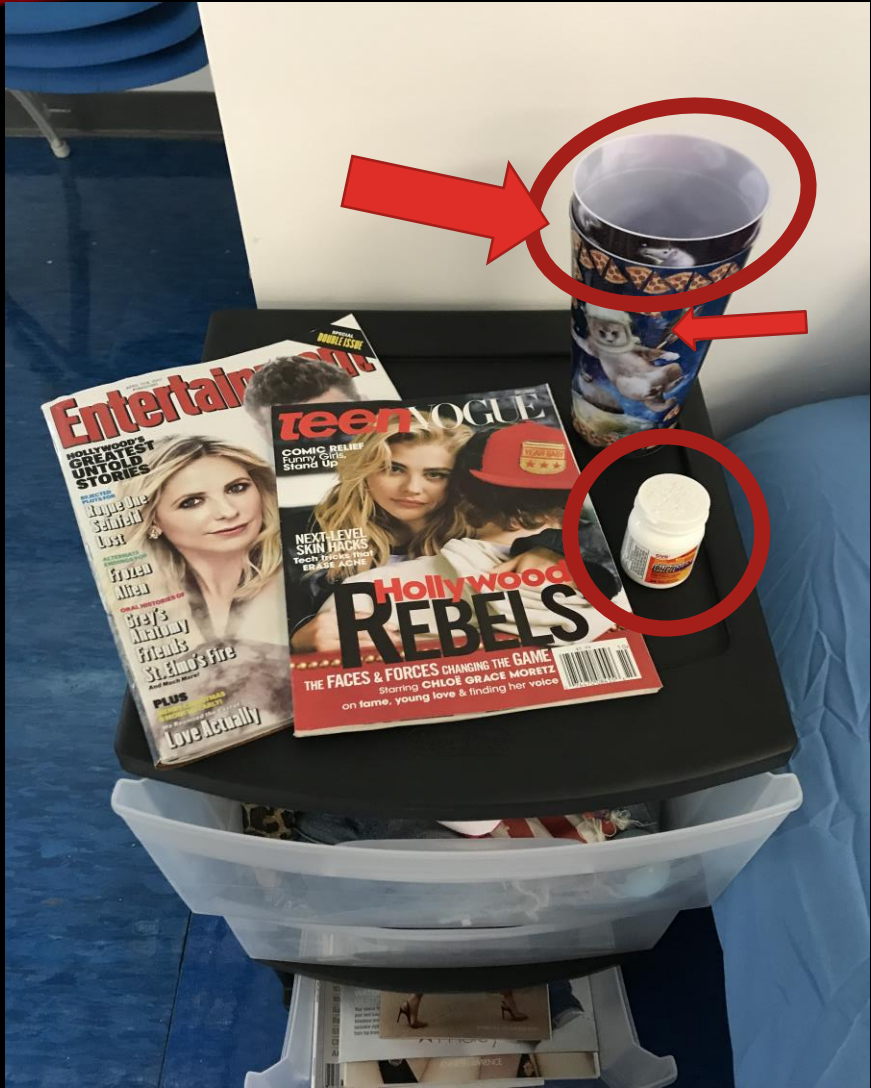


Don't Let Them Fool You...



DRESSER/NIGHT TABLE #1

The Surface



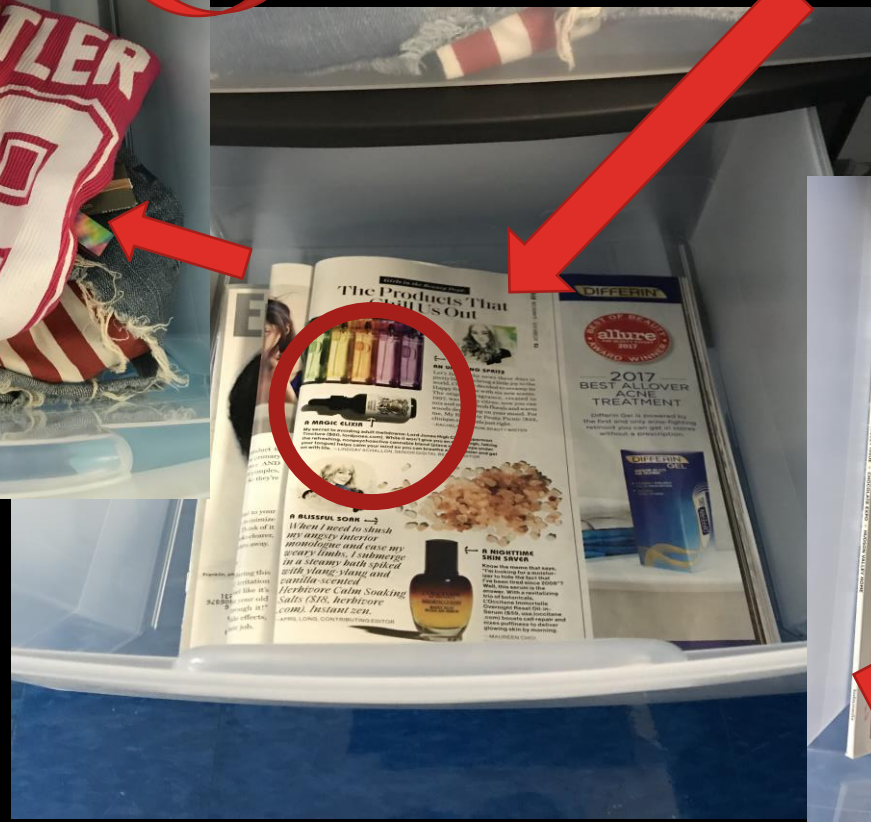
Drawer #1



Hint: Look under the surface

Drawer #2

Hint: Look at the headline



Drawer #3



DRESSER/NIGHT TABLE #2

The Surface



Drawer #1



Drawer #2



Drawer #3



A CLOSER LOOK...



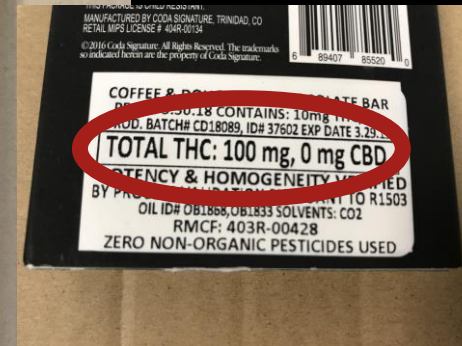
A bag of marijuana taped inside the tissue box

ITEMS OF CONCERN

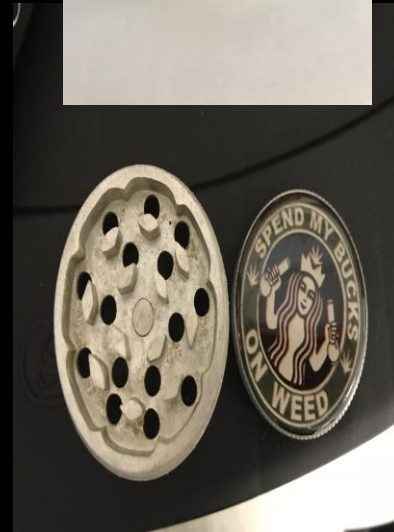
How about this?
Recognize the logo?



Would you have even noticed this?



A Bloodshot eye keychain



A CLOSER LOOK...

NOT NECESSARILY OF CONCERN BUT YOU SHOULD BE AWARE THAT THESE PRODUCTS ARE OUT THERE



Incense scented like Cannabis and Opium



Lotions containing Hemp extracts



INSIDE THE DRAWERS OF DRESSER #2

Drawer #1



Drawer #2



Drawer #3



A Closer Look at the Items in Our Room

Marijuana Paraphernalia



E-Cigarette & Vaping Products

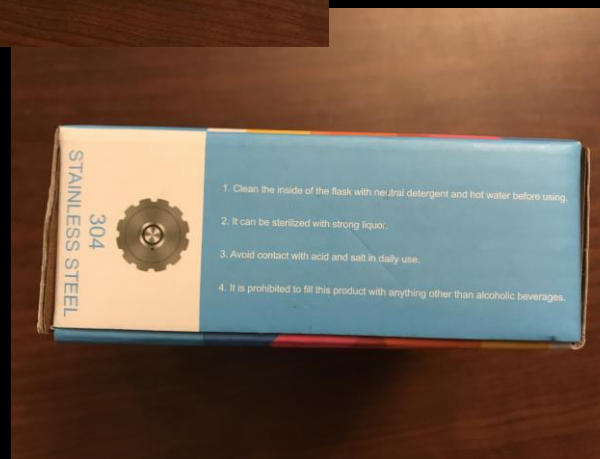


Dabbing Paraphernalia



STASH CONTAINERS

Made to look like your everyday items. Easily available on the internet and at local smoke shops



THE CLOTHING.....

There are several companies that market clothing to substance users. Not all drug-related clothes are as obvious as these. Some are as subtle as a small logo on a hat or a hidden pouch in a pair of shorts. Understanding logo identification can help you to spot these often-subtle references.

SIX BRANDS TO WATCH.....

Grassroots clothing line bridging the gap between streetwear and counter-culture fashion. We create inspiring apparel for those who choose to stand out, be different, and create their own path.

Cookies Founded by a Bay Area based recording artist, Berner who featured **Cookies** in a 2011 music video. His vision was to create a cutting edge streetwear brand that represented a blend of trend forward fashion, music, **marijuana**, and an urban lifestyle.

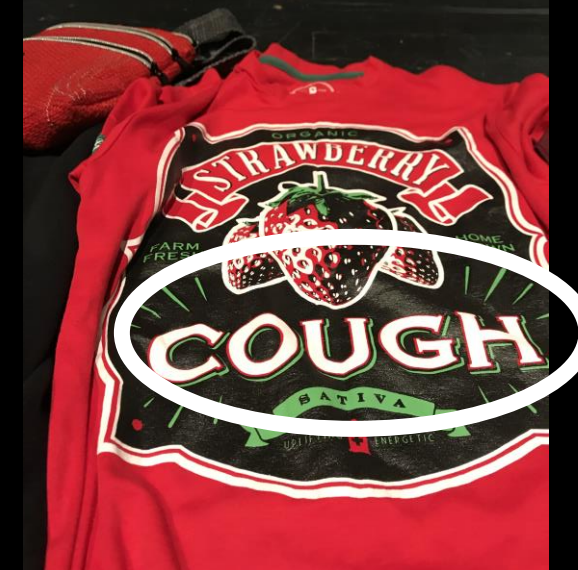
Aperture This brand has "stash spots" that are inside the sweat bands of some of the company's hats.

DGK Clothing Started in 2003, and stands for "Dirty Ghetto Kids," This is extremely popular among skateboarders and the stoner community, openly promoting drug usage on some of their brand's

Seedless produces shirts and pants that aren't as blunt as DGK, so you have to look out for subtle hints. Many of the other lines will say that we're about extreme sports, or motocross, or surfing. With Seedless, they're pretty much about getting high. Seedless sells shorts with sewn in pouches that can be used to hide drugs and other contraband including weapons..“

SRH Like Seedless, produces clothing and accessories that blatantly hint at getting high.

The Clothing : Creative Hiding Spots and Innuendos



THE ACCESSORIES.....



HATS & CAPS



SHOES & SOCKS




MUSIC INFLUENCE ON THE DRUG CULTURE

Listeners hear songs condoning the use of illicit drugs and consuming large amounts of alcohol.

Studies have revealed the power of drug suggestion in music is linked to an **increase** in MDMA use. Open-minded, adventurous listeners can easily stumble upon suggestive lyrics fueling their curiosity.

Popular songs like **“Mask Off”** by Future, and **“g-6”** by Far East Movement are recent examples of popular songs connected to drug use.



Songs in the Electronic Dance Music (EDM) genre often contain colorful lyrics praising various forms of **MDMA** such as Ecstasy and Molly, in many cases their euphoric and stress-reducing effects. MDMA is a popular drug at raves, where upbeat, bass-filled instrumentals often surround lyrics emphasizing the highs of MDMA and wild gatherings. Young individuals attending raves may have access to Ecstasy as part of the high-vibe environment accompanying heavy, fast-paced bass drums.

Understanding the power of creative expression combined with the suggestion of thrills and excitement by the promises of drug use can greatly inhibit risk of drug use and addiction.

THE LINGO...



Understanding drug lingo gives parents a key tool in monitoring their teens for drug abuse.

ANTIFREEZE: Heroin

Synonyms: *Big H, brown sugar, dope, dog food, H, horse, junk, mantaka, poison, skag, smack, tar, the boy, train,*

SNOW: Cocaine

Synonyms: *blow, booch, crack, coke, dust, flake, freebase, nose candy, powder, rock, toot, white*

X: Ecstasy or 3,4 Methylene Dioxymethamphetamine (MDMA)

Synonyms: *E, bean, clarity, essence, lovers speed, Molly, roll, Stacy, XTC*

SPECIAL K: Ketamine (sometimes abused as a "club drug.")

Synonyms: *Vitamin K, Breakfast cereal, cat valium*

KIBBLES AND BITS: Ritalin

(the ADHD drug)
Synonym: *pineapple*

CHEESE: A hazardous mix of black tar heroin and Tylenol PM (or other medicines containing diphenhydramine). It looks like grated parmesan cheese, thus the name. There were more than 20 teen deaths in Dallas and surrounding neighborhoods that have been attributed to Cheese since it was identified in 2005.

CRANK: Methamphetamine (a stimulant).

Synonyms: *meth, speed, chalk, white cross, fire, and glass*

ROOFIES: Rohypnol ("the date rape drug")

Synonyms: *the forget pill, La Rocha, Mexican valium, R-2, rib, roachies, roofenol, rophies, roche* (pronounced *roe-shay*), *rope*

BUD: Marijuana

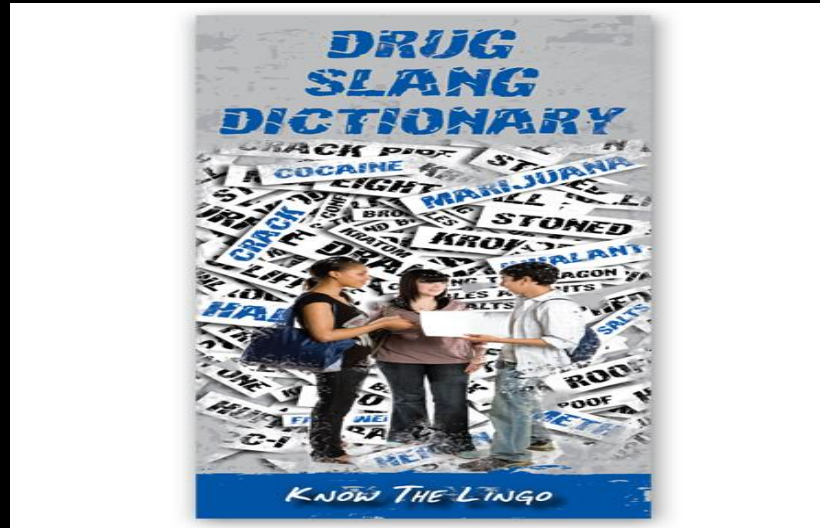
Synonyms: *Mary Jane, Dank, Ganga, Weed, MJ, Dabs, Smoke, Skunk*

MORE “LINGO” ...

DEXING: Abusing cough syrup
Synonyms: *Robotripping, Robodosing*

SPEEDBALL: mixing uppers and Downers (ex. Cocaine & Heroin; Ritalin & Xanax)

PHARMING: From the word pharmaceutical. It means kids getting high by raiding their parents' medicine cabinets for prescription drugs



DRIPPING: When you pour the e-liquid in a vaping tool directly onto the heating element of the vaporizer to produce a bigger cloud and a stronger “*throat hit*”

AND SO MANY MORE.....

CRUNK: This is a verb that means to get high and drunk at the same time.

JUULING: using the Juul to vape e-liquids and/or marijuana

DABBING: inhaling the vapors from a concentrated form of marijuana made by an extraction method that uses butane gas. The process of extracting

TRAIL MIX: a mix of prescription drugs served in a big bowl at *pharm parties*

TEEN DRUG USE AND THE INTERNET

Recent studies show that 75% of teenagers seeing photos on social networks of other teens smoking weed or drinking encourages them to party in the same way.

Teens who have come across these kinds of photos online are 4 times more likely to have used marijuana and more than 3 times more likely to have consumed alcohol.

Social media has also begun to desensitize children at a younger age as well — 90% of these kids saw their peers in these photos online before they were even 16 years old.

THE NEWEST TREND WITH KIDS ON THE INTERNET, IS INQUIRING ABOUT WHICH DRUGS ARE BEST AND SAFEST TO COMBINE

A new study by the Caron Treatment Centers found that one in 10 messages on the Internet involved teens seeking advice from their peers on how to take illicit drugs. The messages were posted on common online message boards, forums, and social network sites such as MySpace.com.



BLINDSPOTS

Now that you've explored our teen bedroom, we hope that we have given you some tools to become more informed, so that you may feel more comfortable intervening if you think your child might be using drugs or alcohol.

Addressing problem behavior early is important to preventing negative consequences of use; including unsafe decision-making, car crashes and dependence.

THERE IS GREAT POWER IN BEING A PARENT
The Power to Reason To Influence
To Make Sense To Counter Temptation

DON'T BE AFRAID TO USE IT!



BLINDSPOTS

If you are interested in having a *Blindspots* presentation at your school or organization, please contact CAPE's Community Prevention Educator, Crissy Groenewegen

Email: cgroenewegen@capedc.org

Office Phone: 845-765-8301 Ex. 104

Direct Line: 845-745-6414

