

# Visit a psychiatrist right from home

Use LiveHealth Online to get the care you need.



Now you can visit with a board-certified psychiatrist face-to-face through private and secure video from the comfort of home using LiveHealth Online Psychiatry. Unlike therapists, who offer counseling support, psychiatrists are available to provide an evaluation and medication management to help if you are coping with a common behavioral health condition.

## Easy and convenient

Most people wait an average of 42 days for an in-person psychiatry visit. But by using LiveHealth Online Psychiatry, you can visit a psychiatrist in 14 days or less<sup>1</sup> whether you're at home, work or on the go. All you have to do is sign up at [livehealthonline.com](https://livehealthonline.com) or download the free mobile app to get started.

## Visits are private and secure

During your first 45-minute evaluation, the psychiatrist will assess your condition, discuss past treatment options and make any updates to your medication. The psychiatrist can provide ongoing medication management support through 15-minute follow-up visits.<sup>2</sup>

Scheduling an appointment is easy. Just visit [livehealthonline.com](https://livehealthonline.com) or call **1-888-548-3432**. With your Empire health plan the cost of an online psychiatry visit is the same as the cost for an in-person visit. As with any online visit, you'll see the total cost before your session begins.

## Commonly treated conditions:

- Anxiety
- Stress
- Depression
- Bipolar disorder
- Obsessive compulsive disorder
- Post-traumatic stress disorder

## Sign up today

At [livehealthonline.com](https://livehealthonline.com) or using the free mobile app.



An Anthem Company



<sup>1</sup> Appointments subject to availability.

<sup>2</sup> Prescriptions determined to be a "controlled substance" (as defined by the Controlled Substances Act under federal law) cannot be prescribed using LiveHealth Online. Psychiatrists on LiveHealth Online will not offer counseling or talk therapy.

LiveHealth Online is the trade name of Health Management Corporation, a separate company providing telehealth services on behalf of Empire BlueCross BlueShield.

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